

SECOND WEEK (5 th Aug – 11 th Aug)								
DAYS	8:00 - 9:00 AM	9:00 -10:00 AM	10:00 -11:00 AM	11:00 -12:00 PM	12:00 -1:00 PM	1:00 - 2:00 PM	2:00 - 3:00 AM	3:00 - 4:00 PM
MON 5/8/2019	Community based learning by Comm. Medicine (CM) in C. Auditorium by Dr. Megha	Group Dynamics by MEU in C. Auditorium (Dr. Anjali/ Dr. Nidhi Negi)		Assessment driven learning by CC in C. Auditorium (Dr. Utkarsh Sharma)	LUNCH	Learning Pedagogy by MEU in C. Auditorium (Dr. A.V. Mathur)	Self directed learning by Curriculum Committee (CC) in C. Auditorium (Dr. M.A. Beg)	
TUE 6/8/2019	Learning strategies by Psychiatry in C. Auditorium (Dr. Mohan Dhyani)	Peer assisted learning by CC (Dr. Amit Varma)	Carrier pathway and personal growth by Academic Cell by Dr. Nidhi & Dr. Lalit in College Auditorium	Enrolment for Yoga/ Sports/ Extra Curricular in College Auditorium		Enrolment in Language & Computer Class (Ms. Deepika Thapliyal)	English class : Batch A & B Physio/ Pharma/ FMT demo room	
WED 7/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	Professional Development : Batch A (MEU)				English class : Batch C & D (English Language Department)		
		Needle Stick Injury :Batch B (Micro)						
		Prescription Writing : Batch C (Pharma)						
		Medical Record : Batch D (MS Office)						
THU 8/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	Professional Development : Batch D (MEU)				Medical Ethics, attitudes and Professionalism by FMT department (Dr. R.K. Bansal and Other faculty)		
		Needle Stick Injury :Batch B (Micro)						
		Prescription Writing : Batch B (Pharma)						
		Medical Record : Batch C (MS Office)						
FRI 9/8/2019	L & EC	Professional Development : Batch C (MEU)			Medical Ethics, attitudes and Professionalism by FMT department (Dr. R.K. Bansal and Other faculty)			
		Needle Stick Injury :Batch B (Micro)						
		Prescription Writing : Batch A (Pharma)						
		Medical Record : Batch B (MS Office)						
SAT 10/8/2019	L & EC	Professional Development : Batch B (MEU)			Medical Ethics, attitudes and Professionalism by FMT department (Dr. R.K. Bansal and Other faculty)			
		Needle Stick Injury :Batch B (Micro)						
		Prescription Writing : Batch D(Pharma)						
		Medical Record : Batch A (MS Office)						
SUN 11/8/2019								

- Professional Development – Dr. Saurabh Kumar / Dr. Anjali - MEU Hall
- Needle Stick Injury – Dr. Nidhi Negi – Demo Room (Micro)
- Prescription Writing – Dr. Amandeep Singh - MS office
- Medical Record – Dr. Vinay Rai

THIRD WEEK (12th Aug – 18th Aug)

DAYS	8:00 - 9:00 AM	9:00 -10:00 AM	10:00 -11:00 AM	11:00 -12:00 PM	12:00 - 1:00 PM	1:00 - 2:00 PM	2:00 - 3:00 AM	3:00 - 4:00 PM
MON 12/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	UHTC – CM : Batch A			LUNCH	Consequences of unethical and unprofessional behaviour by FMT (Dr. Jyoti) C. Audi.	Physio English class : Batch C & D (English Language Department)	
		Communication - MEU Hall : Batch B Biosafety - Micro Demo Room : Batch C Use of Info Tech - IT (Library Comp. Room): Batch D					Computer class : Batch A & B Library (Microsoft Word)	
TUE 13/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	UHTC – CM : Batch D				Consequences of unethical and unprofessional behaviour by FMT (Dr. Jyoti) C. Audi.	English class : Batch A & B (English Language Department)	
		Communication - MEU : Batch A Biosafety : Batch B Use of Info Tech - IT : Batch C					Computer class : Batch C & D (Microsoft Excel)	
WED 14/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	UHTC – CM : Batch D				Immunization requirements of Health care Professional – Micro (Dr. V.K. Kataria) C. Audi.	English class : Batch C & D (English Language Department)	
		Communication - MEU : Batch D Biosafety Micro : Batch A Use of Info Tech - IT : Batch B					Computer class : Batch A & B (Microsoft Excel)	
THU 15/8/2019	INDEPENDENCE DAY							
FRI 16/8/2019	Leisura & Extra Curricular activity (L&EC)	UHTC – CM : Batch D			Principles of primary care by Dr. Ashwani (CM) C. Audi.	Local languages : Batch A & B (Local Language Department by Dr. Jagdish)		
		Communication - MEU : Batch C Biosafety Micro : Batch D Use of Info Tech - IT : Batch A				Computer class : Batch C & D (Microsoft Paint)		
SAT 17/8/2019	L & EC Sports Ground/ Boys & Girls Common room	Learning from patients and members of Health team by Dr. Saumya Mohanti, Community Medicine (CM) C. Audi.			National health Priorities & policies by Dr. Megha (CM) C. Audi.	Local languages : Batch C & D (Local Language Department by Dr. Jagdish)		
SUN 18/8/2019								

- UHTC – CM - Dr. Shantanu
- Communication - MEU by Dr. Anjali Chaudhary
- Biosafety – Micro by Dr. V.K. Kataria
- Use of Info Tech – IT by Dr. Amandeep & Mr. Sudhanshu

FOURTH WEEK (19th Aug – 25th Aug)

DAYS	8:00 - 9:00 AM	9:00 -10:00 AM	10:00 -11:00 AM	11:00 -12:00 PM	12:00 - 1:00 PM	1:00 - 2:00 PM	2:00 - 3:00 AM	3:00 - 4:00 PM	
MON 19/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	RHTC - CM (Dr. Neha) : Batch A			LUNCH	Alternate health system in the country & History of medicine by Dr. Randheer (CM) C. Audi.	Physiology Department English class : Batch A & B (English Language Department)		
		Time mngmt - MEU :Batch B Stress mngmt - Psychiatry : Batch C Bio Medical Waste (BMW) Handling –Micro: Batch D					Computer class : Batch C & D Library (Microsoft Paint)		
TUE 20/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	RHTC - CM (Dr. Neha) : Batch D				Health care system & its delivery by Dr. Kajal (CM) C. Audi.	English class : Batch C & D (English Language Department)		
		Time mngmt - MEU : Batch A Stress mngmt - Psychiatry : Batch B BMW Handling - Micro : Batch C					Computer class : Batch A & B (How to use SPSS Software)		
WED 21/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	RHTC - CM (Dr. Neha) : Batch C				Student expectation from teachers by CC (Dr. J.P. Sharma) C. Audi.	English class : Batch A & B (English Language Department)		
		Time mngmt - MEU : Batch D Stress mngmt - Psychiatry : Batch A BMW Handling - Micro : Batch B					Computer class : Batch C & D (How to use SPSS Software)		
THU 22/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	RHTC - CM (Dr. Neha) : Batch B				Student expectation from Pears & Colleagues by CC (Dr. Nidhi Jain) C. Audi.	English class : Batch C & D (English Language Department)		
		Time mngmt - MEU : Batch C Stress mngmt - Psychiatry : Batch D BMW Handling - Micro : Batch A					Computer class : Batch A & B (Effectively search web engine)		
FRI 23/8/2019	L & EC	Use of online resources (e-learning) – Batch A & B (Dr. R.K. Bansal)			Student expectation from patients by CC (Dr. Shobhit Garg) C. Audi.	Hindi Class : Batch A & B			
		Simulation based learning – Batch C & D – Pharma (Dr. Hitendra & Dr. Shalu)				Computer class : Batch C & D (Effectively search web engine)			
SAT 24/8/2019	L & EC	Use of online resources (e-learning) – Batch C & D by Library (Dr. R.K. Bansal)			Student expectation from the society & Nation by CC (Dr. Puneet Ohri) C. Audi.	Hindi Class : Batch C & D			
		Simulation based learning – Batch A & B – Pharma (Dr. Hitendra & Dr. Shalu)				Computer class : Batch A & B (Effectively search web engine)			
SUN 25/8/2019									

- RHTC - CM by Dr. Neha
- Time mngmt - MEU by Dr. Robina - MEU Hall
- Stress mngmt – Psychiatry by Dr. Preeti Mishra - Demo Room Psychiatry
- Bio Medical Waste (BMW) Handling –Micro by Dr. Iva - Micro Demo room

FIFTH WEEK (26 th Aug – 31 st Aug)								
DAYS	8:00 - 9:00 AM	9:00 -10:00 AM	10:00 -11:00 AM	11:00 -12:00 PM	12:00 -1:00 PM	1:00 - 2:00 PM	2:00 - 3:00 AM	3:00 - 4:00 PM
MON 26/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	Govt. Health Center - CM : Batch A		BLS - Anaesthesia : Batch B First aid - Surgery : Batch C Hand Hygiene-Micro : Batch D	LUNCH	Interpersonal relationships by Psychiatry in C. Auditorium (Dr. Shobhit Garg)	English class: Batch A & B (English Language Department)	
							Computer class: C & D (Use of Google Scholar)	
TUE 27/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	Govt. Health Center - CM : Batch D		BLS - Anaesthesia : Batch A First aid - Surgery : Batch B Hand Hygiene - Micro : Batch C		Interpersonal communication by Psychiatry in C. Auditorium (Dr. Sumit Mehta)	English class: C & D (English Language Department)	
							Computer class: A & B (Use of Google Scholar)	
WED 28/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	Govt. Health Center - CM : Batch C		BLS - Anaesthesia : Batch D First aid - Surgery : Batch A Hand Hygiene - Micro : Batch B		Cadaveric Oath by Anatomy department in C. Auditorium (Dr. Suchit)	English class: A & B (Assessment)	
							Computer class: C & D (Assessment)	
THU 29/8/2019	Yoga/sports Sports Ground/ Boys & Girls Common room	Govt. Health Center - CM : Batch B		BLS - Anaesthesia : Batch C First aid - Surgery : Batch D Hand Hygiene - Micro : Batch A		Relating to patients experience of the disease (Dr. A.V. Mathur)College Auditorium		
FRI 30/8/2019	STUDENT'S FEEDBACK by MEU & CC (College Auditorium)				FACULTY'S FEEDBACK by MEU & CC (College Auditorium)			
SAT 31/8/2019	L & EC				FRESHER'S PARTY in College Auditorium with Anatomy, Physiology, Biochemistry & Comm. Med.			
SUN 01/9/2019								

Govt. Health Center - CM by Dr. Randheer

BLS - Anaesthesia by Dr. Ashutosh – Skill Lab Anaesthesia Deptt.

First aid - Surgery by Dr. Mathur – MEU Hall

Hand Hygiene-Micro by Dr. Dimple – Micro Demo

Colour	Activity in Foundation course	Hours Required	Hours provided
	Orientation	30 hours	30 hours
	Skill Module	35 hours	36 hours
	Professional Development & Ethics	40 hours	40 hours
	Field visit to Community Health Centre	08 hours	09 hours
	Enhancement of language/computer skills	40 hours	40 hours
	Yoga/Sports / extracurricular activities	22 hours	25 hours
	Total Hours	175 hours	180 hours