

SHRI GURU RAM RAI INSTITUTE OF MEDICAL AND HEALTH SCIENCES, PATEL NAGAR
DEHRADUN.

EMAIL sgrrmeprincipal@gmail.com

Foundation Course for MBBS BATCH 2020

18TH JAN. 2021 to 30th Jan. 2021

Date	Competencies	Time
18-Jan-21	FC 1.4- Welcome of students, rules and regulation of Institute & Introduction to Medical College and their vision & mission by Principal, MEU & CC	10:00 AM to 12:00Noon
19-Jan-21	FC 1.2. Roles of Indian Medical Graduate MBBS programe course briefing by Academic Incharge *Hostel rules and regulations by hostel warden (Dr. Nidhi Jain)	10:00 AM to 12:00Noon
20-Jan-21	FC 1.8. Roles of physician at various levels and Introduction to Medical profession & physician role in society by FMT deptt. (Dr. Lalit)	10:00 AM to 12:00Noon
21-Jan-21	FC 4.14 & 4.15- different methods of self directed learning and collaborated learning by Dr. Megha Luthra	9:00 AM to 01: PM
22-Jan-21	FC 4.1- Professionalism and ethics – the concept Consequence of unethical and unprofessional behaviour Dr. Lalit	9:00 AM to 11:00AM
	FC 3.1, 3.2, 3.3 - National health Policies goals, health scenario and Health care system Dr. Kajal Gupta	11:00 AM to 1:00 PM
	FC-5.4 & 5.5- accessing online resources Computer Fundamental- (IT Department)	2:00 PM to 4:00 PM
23-Jan-21	FC 1.1& 1.3- Role of doctors in the society, expectation from.....	9:00 AM to 1:00 PM
	FC 1.9- Principals of Family Practice & holistic Care	
	FC 4.6 – Interaction with different cultural values Dr.Puneet Ohri	
	FC-5.4 & 5.5- accessing online resources Computer Fundamental- (IT Department)	

24-Jan-21	Sunday	
25-Jan-21	FC 1.10-Alternate Health system in the country & History of Medicine Dr. Kajal	9:00 AM to 1:00 PM
	Computer Fundamental (IT Department)- 12-3 FC-5.4 & 5.5	2:00 PM to 4:00PM
26-Jan-21	Republic Day	
27-Jan-21	FC 4.2 & 4.4 – Compassion altruism..... & significance co working in a health care team Dr. Anuj Gupta Dr. Vivek	9:00 AM to 12:00 Noon
	FC 1.3 Students Expectation from teachers, Peers & colleagues Dr. Neeru Garg	12:00 Noon to 1:00 PM
	Computer Fundamental (IT Department) FC-5.4 & 5.5	2:00 PM to 4:00PM
28-Jan-21	FC 4.7 - Significance & Methods of Stress Management & Risk Behaviour - Psychiatry dept. Dr. Preeti Mishra	9:00 AM to 10:00 AM
	FC 4.13-*Learning Pedagogy (MEU) (Dr. A.V. Mathur)	10:00 AM to 11:00 AM
	FC 2.9- Significance of documentation in patient care (NABH) Dr. Suchit Kumar & Dr. Kavita	11:00AM to 1:00 PM
	Computer Fundamental FC-5.4 & 5.5	2:00 PM to 4:00PM
29-Jan-21	Significance of documentation in patient care (NABH)	9:00 AM to 10:00 AM
	FC 4.3 – Value, Honesty and RespectPeer assisted learning (CC) (Dr. Amit Varma)	10:00AM to 11:00 AM
	FC 4.9 – Time Management – Dr. Robina (Aneasthesia)	11:00AM to 1:00PM
	Computer Fundamental FC5.4 FC-5.4 & 5.5	2:00 PM to 4:00PM
30-Jan-21	FC 2.3, Universal precautions Dr. Dimple Raina	9:00 AM to 1:00 PM
	FC 2.5 – Hand Washing & Use of personal protective equipment Dr. Sulekha Nautiyal	
	FC 2.6-Needle Stick Injury (Microbiology dept.) Dr. Ranjana Rohilla	
	FC 2.7 – Biomedical Waste Management Dr. Iva Chandola	
	FC 2.8 - Immunization requirements of Health care Professional	

	Dr. Geetika Rana	
	Computer Fundamental FC-5.4 & 5.5	2:00 PM to 4:00PM

Foundation Course From 18 th Jan. 2021 Onwards					
Subjects/ Contents	Colors Code	Total Teaching Hours Req. by NMC	18 th Jan. 21 to 31 st Jan 21.	1 st Feb. 2021 Onwards with Regular Time Table	Total Hrs. Completed
Orientation1		30	13	17	30
Skills Module 2		35	07	25	32
Field visit to Community Health Centre		8	02	6	8
Professional Development including ethics		40	16	29	45
Sports and Extracurricular activities		22	-	22	22
Enhancement of language/ computer skills3		40	16	24	40
Management of Pandemic		02	-	02	02
Total Hrs. Required.		177	56	125	179

Break-up of Foundation Course Competencies Online (18/01/21 to 12/02/21) and Offline (13/02/21 to Onwards)

Foundation Course From 18 th Jan. 2021 to 31 st Jan. 2021					
Subjects/ Contents	Colors Code	Total Teaching Hours Req. by NMC	Online	Offline	Total Hrs. Completed
Orientation1		30	13	17	30
Skills Module 2		35	7	25	32
Field visit to Community Health Centre		8	2	6	8
Professional Development including ethics		40	36	9	45
Sports and Extracurricular activities		22	0	22	22
Enhancement of language/ computer skills3		40	32	8	40
Total Hrs. Required.		175	90	87	177