

**SHRI GURU RAM RAI INSTITUTE OF MEDICAL & HEALTH SCIENCES, DEHRADUN**  
**TIME TABLE FOUNDATION COURSE MBBA BATCH 2024**

**WEF 14TH OCT. 2024, Venue College Auditorium**

**Coordinator of Foundation Course (Prof.Dr. Nidhi Jain, Prof. & Head Dept. of Physiology)**

DATE	Day	8AM to 9 AM	9AM to 10 AM	10AM to 11AM	11AM to 12 Noon	12 to 1 PM	01PM to 02 PM	02PM to 03 PM	03PM to 04 PM	4 to 5	
14-Oct-24	Monday	Hostel Allotment & Orientation to the college/campus/facilities Warden Boys Hostel : Dr. Puneet Ohri, Dr.Lalit, Dr. Shah Alam, Warden Girls Hostel:Dr. Nidhi Sharma, Dr. Manali, Dr. Amisha )				Lunch	Hostel Allotment & Orientation to the college/campus/facilities Warden Boys Hostel : Dr. Puneet Ohri, Dr.Lalit, Dr. Shah Alam, Warden Girls Hostel:Dr. Nidhi Sharma, Dr. Manali, Dr. Amisha )		<b>3.PM to 3.30 PM</b> 1. Welcome and Introduction by Principal Sir, Vision / Mission of the institution. <b>3.30 PM Onwards</b> 2. Introduction of the CMS, MS, All the HOD of respective department	Sports	
15-Oct-24	Tuesday	FC 1.1 & 1.2 Roles of an Indian Medical Graduate to the society (Dr. Puneet Ohri, Dr. Anjali Choudhary & TEAM MEU)	FC1.4 Rules and Regulations of the institution Dr. Lalit Kumar	FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine (Dr. Mehga Luthra Dr. Romila Rawat)			1PM to 5 PM FC1.8 Demonstrate understanding the role of physician at various levels of Health care delivery FC 1.9 Discuss the principles of family practice (Dr.Shalki Mattas)			Sports	
16-Oct-24	Wednesday	Holiday Balmiki Jayanti									
17-Oct-24	Thursday	FC 4.8 Understand the role of yoga and meditation in personal health (by SGRRU)	First AID Batch A (Surgery Dept.) Coordinator Dr. A.V. Mathur BLS Batch B (Anesthesia) Coordinator Dr. Nisith Govil Biomedical Waste Management Batch C (Microbiology) Coordinator Dr. Iva Chandola		Lunch	Immunization by Dept. of Microbiology (Dr. Kxitiba Pandey)	FC 2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation by Dr. Ashwani Sharma Dept. of CM			Sports	
18-Oct-24	Friday	YOGA (by SGRRU)	First AID Batch B (Surgery Dept.) Coordinator Dr. A.V. Mathur BLS Batch C (Anesthesia) Coordinator Dr. Nisith Govil Biomedical Waste Management Batch A (Microbiology) Coordinator Dr. Iva Chandola		Lunch	Universal Precautions by dept of Microbiology (Dr. Dimple Raina)		Demonstrate appropriate response to needle stick injuries (Dr. Ranjana Rohilla)		Sports	
19-Oct-24	Saturday	YOGA (by SGRRU)	First AID Batch C (Surgery Dept.) Coordinator Dr. A.V. Mathur BLS Batch A (Anesthesia) Coordinator Dr. Nisith Govil Biomedical Waste Management Batch B (Microbiology) Coordinator Dr. Iva Chandola		Lunch	FIELD VISIT (Coordinator Dr. Puneet Ohri) 3B. Community Orientation Module: Interactions with patients and families, Communities.				Sports	
20-Oct-24	Sunday										

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21-Oct-24	Monday	FC 3.1 Demonstrate understanding of the National Health Goals and Policies (Dr. Megha Luthra)	FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues (Dr. Shalki Mattas)	FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behavior (Dr. Anjali Choudhary)	FC 4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work (Dr. R.K. Srivastava)	Lunch	FC 4.3 Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care, workers and patients, (Dr. R.K. Verma)	FC 4.4 Discuss the significance of working in a health care team (Dr. Nidhi Jain)		Sports
22-Oct-24	Tuesday	FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values (Dr. Robina Makker)	FC 4.9 Discuss the significance and appropriate ways of Time management (Dr. Shobit Garg)	FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care team (Dr. Nardeep Naithani)	FC 4.11 Understand the role of mentoring (Dr. Lalit Kumar) Dr. Megha Luthra	Lunch	FC 4.12 Demonstrates understanding of the process of group learning and group dynamics (Dr. Anjali Choudhary) Dr. Sulekha Nautiyal Dr. Aparna Bhardwaj			Sports
23-Oct-24	Wednesday	FC 4.7 Discuss the significance and methods of stress management and risk taking behavior. (Dr. Mohan Dhyani)			FC 4.15 Understand collaborative learning (Dr. Shashi Munjal)	Lunch	FC5.1 Demonstrate ability to communicate with patients and families, be aware of barriers to communication and appropriate ways to respond (Dr. Tripti Mamgain Maithani, Dr. Bindu Agarwal, Dr. Suman Bala) Dr. Sanjay Sadhu			Sports
24-Oct-24	Thursday	FC 5.2 Demonstrate use of local language in patient and peer interactions (by SGRRU )		FC 5.3 Demonstrate ability to communicate and learn in English (by SGRRU)		Lunch	FC 5.4 Demonstrate basic computer skills including sensitization in ERP (IT Dept. (Mr. Mohit Bhatt Mr. Ashwani Kumar Ms. Deepika Thapliyal)			Sports
25-Oct-24	Friday	FC 5.5 Demonstrate ability for accessing online resources (Dr. Shalu Bajaj)		FC 4.13 Comprehend the learning pedagogy and its role in learning skills (Dr. Tariq Masood)	FC 4.14 Demonstrates understanding of different methods of self-directed learning (Dr. Aparna Bhardwaj)	Lunch	Coordinator Dr. Puneet Gupta Member Dr. Anjali Choudhary Dr. Megha Luthra FC 4.5 Discuss disability competencies Visit to Ortho Ward			Sports

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26-Oct-24	Saturday	FC 1.7 Demonstrate understanding of the overview of MBBS curriculum <b>(Dr. Sulekha Nautiyal)</b>	FC 1.7 Demonstrate understanding of MBBS course & its outcomes and its relation to the career pathways <b>(Dr Puneet/Dr AV Mathur)</b>	FC 1.7 Panel Discussion <b>Dr. Ashok Nayak (Principal)</b> <b>Dr. Utkarsh Sharma (CMS)</b> <b>Dr. Puneet Ohri (Vice Principal)</b> <b>Dr. Lalit Kumar (Vice Principal)</b> <b>Dr. Ajay Pandita (MS)</b> <b>Dr. Vineeta Gupta (Gynaecologist)</b> <b>Dr. Nardeep Naithani (General Physician)</b> <b>Dr. Tanuj Bhatia (Cardiologist)</b> <b>Dr. Pankaj Garg (Oncologist)</b> <b>Dr. Seema Acharya (Pathologist)</b> <b>One Guest (Private Practioner)</b>		Lunch	Demonstration of Various extracurricular skills by students of Batch 2024 (Singing, Dancing, Music, Research, Skit etc.) <b>Coordinator Dr Nidhi Jain</b> <b>Dr. Shashi Munjal</b> <b>Dr. Shah Alam</b> <b>Dr. Nidhi Sharma</b> <b>Dr. Randhir</b> <b>Dr. Reshmi Roy</b>			Sports
27-Oct-24	Sunday									
28-Oct-24	Monday	Assessment by MEU & Curriculum Committee)		LogBook Completion & Feedback by MEU & Curriculum Committee)		Lunch	4B. Professionalism and Ethics Module: White Coat Ceremony <b>Coordinator Dr. Sadakat Ali</b> (Dept. of Anatomy, Physiology & Biochemistry, )			Sports

Regular Teaching Time Table Starts from 29th Oct. 2024